‘Making the Decision - An introduction to gastrostomy tubes’, is an educational DVD resource designed for patients and their families or carers to watch prior to insertion of a gastrostomy. This is commonly known as a PEG tube (Percutaneous Endoscopic Gastrostomy), but similar tubes can also be placed using radiology or surgery. Produced by the Department of Nutrition and Dietetics and the Department of Gastroenterology and Hepatology at Royal Brisbane and Women’s Hospital, this DVD is designed to help patients and their families or carers make an informed decision about gastrostomy tube placement as part of their treatment plan. It can also be used for providing general education to healthcare professionals and students who wish to learn more about the procedure.

Topics covered on the DVD include:
- Gastrostomy tube general information
- Gastrostomy tube insertion
- Risks of the procedures and alternatives
- Demonstration on how the tube is used for feeding
- Patient experiences

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All proceeds from this DVD will be used to help fund medical research at Royal Brisbane and Women’s Hospital.